



STROKE SAFE

Seminar

Stroke is one of our nation's biggest killers and leading cause of disability. Globally, one in four people will have a stroke in their lifetime, and the impact is often devastating. Stroke can happen to anyone, at any time, changing lives in an instant. In this must see presentation by special guest Tony Finneran, you will learn:

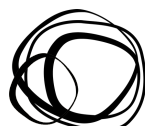
- What stroke is
- How to recognise the signs of stroke
- What to do if someone is having a stroke
- How to prevent stroke
- First hand experiences from those who've had a stroke

THU 25 AUG
11:30AM - 12:30PM

LAWSONS ROOM 2 - REVESBY WORKERS

BOOK VIA HEALTH MATES APP OR PHONE 8707 6930

THIS PRESENTATION IS COMPLIMENTARY - LIMITED PLACES



HealthMates
Fitness Centre