



Personal TRAINING

YOUR CHANCE TO **win!**

How are your New Year's resolutions tracking? If you vowed to focus on your health or perhaps lose weight, but your motivation to stick with it has faded, our Personal Training team is here to help!

Our qualified trainers will help you achieve the most out of every workout, ensure you are doing your exercise correctly, plus provide the inspiration and knowledge you need to stay motivated well into the future.

Purchase any 10 or 20 Pack of PERSONAL TRAINING and you'll go in the draw to **WIN a 5 PACK of 1-hour PERSONAL TRAINING Sessions, valued at \$400.**

OFFER VALID 1-29 February 2024

WHY WAIT? To get started or find out more
Call **8707 6930 TODAY!**

Conditions: Must purchase a 10 or 20 Personal Training Package between 1-29 February 2024.