

— • 11-24 March • —

Seniors FESTIVAL

SPECIAL OFFER

SENIORS FESTIVAL SPECIAL OFFER:

Complete our FREE Young at Heart program
during March and you'll

— • SAVE • —

 **\$89** 

when joining up on a direct debit
membership.

What is Young at Heart you ask?

This program is the perfect opportunity for anyone over 60 years of age to experience what Health Mates has to offer for FREE! You'll receive:

1. 60min personalised exercise session with a qualified trainer
2. 30min personalised exercise sessions with a qualified trainer
3. Strong & Stable or Active Over 50s class

Young at Heart Conditions: Valid for first time users only. Must be 60 years or over and a member of Revesby Workers' Club. Medical clearance may be required prior to commencing.

Seniors Festival Offer Conditions: Must complete Young at Heart program by 31 March 2024. Join Health Mates on a direct debit membership by 30 April 2024 to save \$89 on the standard joining fee.



HealthMates
Fitness Centre

2B Brett St, Revesby | 8707 6930 | healthmates.com.au