



RED♥FEB

Be smart. Love your heart.

TUE 13TH & WED 14TH FEBRUARY

HELP US GET BEHIND THIS GREAT CAUSE



PANCAKE MORNING TEA - Tue 13th 8:45am to 12pm → \$2 for 1 or \$5 for 3

RED THEMED CLASSES: Splash our classes with red by wearing as many red and heart themed items you can muster up on both of these days

DONATE: Pop a donation in our charity tin at reception



HealthMates
Fitness Centre

