

# Reno update

We are pleased to confirm that our much-anticipated refurbishment project has officially started and we are well on the way to creating an inspiring new space for you to workout.

## What to expect

### Temporary Changes

There will be minor disruptions, but we're committed to ensuring we have as many workout options available to you as possible. The entire project has been staggered to enable this & we will have a full timeline for you to view soon, including what areas will be inaccessible and when.

### Upgraded New Facilities

When the refurbishments are complete, you'll enjoy modern facilities, a fresh new look & feel, top quality equipment, a cutting-edge cycle studio, plus 24 hour access.

## Studio 1 - progress

Studio 1 is well and truly being transformed & the majority of works is due to be completed by Thu 24 July. Continue to closely follow our app for class times & locations while we are on our transitional timetable. To give everyone a fair shot at getting into a class, we have restricted your bookings to a maximum of one per day. Of course, if there is space in other classes on that day, we welcome you to attend. You can see if there are vacancies on our app. At the start of the class time your instructor will be able to book you in if there are vacancies. Thanks for your understanding.

## Our change-rooms are next on the list - starting Monday 14 July

For your convenience, we are staging the work in each change room, so we will always have amenities available for your use. This means **one shared space for all genders**. The male change room is the first to get a facelift, meaning the female change room will become shared for approximately three weeks from 14 July, and then we'll swap to make the males available to everyone. A total of 6-7 weeks is estimated for this work.

### During this period we ask:

- That you remain clothed and respectful while in this shared space.
- Where possible, shower at home & use our hall lockers to keep change room access to essential use only.
- Accessible amenities will be available for toilets only.
- Revesby Workers' Club toilets will be available during club hours: 9am – 6am.
- **Sauna use will require a booking via our app or phone 8707 6930.** If you need assistance with bookings please see our reception team. Priority will be given to those who have pre-booked their 20min session. Maximum of one sauna booking per day. If you have a booking & are happy to share the sauna with others, you may do so at your own discretion.

Thank you for your understanding & continued support as we navigate these upgrades.  
Stay tuned for further updates as the project progresses.  
Follow us on Instagram & Facebook for regular announcements & progress reports.

# GROUP EX REFURB NEWS

## CHANGES FROM 18/8/25

### STUDIO 2 - WORK COMMENCING

**Work in Studio 2 will commence Monday 18 August 2025.** This is earlier than planned, however due to an early delivery of our new Technogym bikes we're jumping at the chance to get our state-of-the-art cycle studio up & running as soon as possible. The work is expected to take four weeks, plus a little extra time to install the new bikes.

### SO WHERE WILL CYCLE CLASSES BE HELD?

We didn't want you to miss out on your cycle classes, so we hope you enjoy the temporary industrial feel while we run them on level B2 of our carpark (far end). This area will be secured by a fence/locked gate to prohibit car & visitor access. If you're attending a class, but have no need to visit the gym beforehand you can simply park nearby and head directly to your class – your instructor will log your attendance (i.e. no need to go to gym reception first).

Things to note:

- It will be cooler than usual, so bring a light top or jacket
- Bikes will be set up for you, so no need to move them
- Water, towel & class pre-booking as per usual

### CHANGES TO THE SCHEDULE

With all classes except Cycle transitioning to Studio 1, our timetable has been tweaked. This is not a final schedule – a new schedule will be launched in Oct 25.

Please note these changes commencing 18/8/25:

#### Monday Mornings

8am Strong Set  
9.15am Fight Fit  
10.05am A050's  
11.10am Pilates  
12.15pm Strong & Stable

#### Strong & Stable Classes

Mon 12:15pm  
Wed 11:50am  
Fri 11:35am

#### Pilates – Wed PM

Pilates on Wednesday evenings will move to Fridays at 6:45pm

All **HIIT** classes will remain in the functional zone. Once the functional zone gets it's face lift we will move to the carpark for HIIT Bootcamp style.

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